

Keep this for use during an emergency

While your neighbors at Seabrook Station work to ensure the facility remains one of the safest power plants in the nation, we want you to be aware of our plan to keep you safe in an emergency.

Our commitment to safety

Seabrook Station has an outstanding record of safe operations. It is designed to withstand earthquakes and other natural events stronger than ever recorded in the region.

In addition, many layers of security protect the plant. The Nuclear Regulatory Commission, federal and local law enforcement, as well as NextEra Energy's own expert security team, are always on alert to ensure that plant facilities are protected and secure. As part of our commitment to safety, we test our emergency response system signals regularly. Siren tests are conducted by local emergency management officials on the first Wednesday of each month at approximately noon and last about one minute.

This guide contains important emergency planning information for people located within 10 miles of Seabrook Station. It was developed by emergency management officials and provides basic information about what to do in the event of a nuclear emergency.

Emergency information

Planning is an important part of NextEra Energy Resources' strategy to protect you and your family. State and local officials, together with NextEra Energy Resources, have prepared a detailed emergency plan to protect people who live, work, visit or go to school within 10 miles of the plant. The plan, which is updated annually, is tested by drills, evaluated exercises and inspections. Conducting emergency drills improves the overall readiness of local authorities and enhances their ability to respond to emergencies.

In an emergency

The area approximately 10 miles around Seabrook Station is called the emergency planning zone. New Hampshire communities in the emergency planning zone are: Brentwood, East Kingston, Exeter, Greenland, Hampton, Hampton Falls, Kensington, Kingston, New Castle, Newfields, Newton, North Hampton, Portsmouth, Rye, Seabrook, South Hampton, Stratham.

Sign up for Seabrook Station emergency planning zone alerts at:
<https://public.coderedweb.com/cne/bf065f487535>

During an emergency, Seabrook Station will classify the level of the emergency. There are four levels:



An **Unusual Event** means a minor problem has occurred at the plant. Public officials would be notified, but people in the area would not need to take any special actions.



An **Alert** means plant safety could be affected. As a precaution, public officials may transfer school children to host facilities outside the area and clear state parks and waterways. Radio or news broadcasts would inform the public of these actions.



A **Site Area Emergency** means a more serious problem has occurred. State and local officials will use the emergency alert system to keep people in the area fully informed. Sirens and CodeRed would notify persons in the area if the public needs to take any action.



A **General Emergency** is the most serious type of emergency. It could involve serious damage at the plant and the release of radioactive materials. Sirens and CodeRed would notify persons in the area. State and local officials will use the emergency alert system to issue public safety instructions to those in the area.

How you will be notified

In the unlikely event of a nuclear emergency that requires you to take action, you will be alerted through mobile alerts, outdoor warning sirens and marine radio channels 16 and 22.

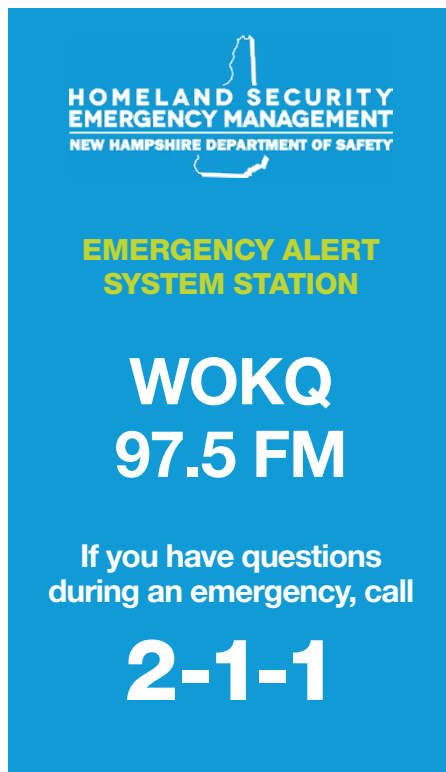
- » The outdoor warning sirens will make a steady three to five minute sound.
- » If you receive an emergency alert, go inside your home or a nearby building and turn to the emergency alert system station WOKQ 97.5 FM.
- » When you become aware of an emergency, check with your neighbors to make sure they are also aware of the event.

The emergency alert system is the direct link between you and the people responsible for your safety.

Instructions may be given to you at any hour, day or night, and will include recommendations as to what you should do for your protection.

- » Follow instructions carefully.
- » Do not worry if you miss the beginning of an emergency broadcast.

Information will be provided regularly.



The graphic is a blue rectangular box with white and yellow text. At the top, it says 'HOMELAND SECURITY EMERGENCY MANAGEMENT' in white, with 'NEW HAMPSHIRE DEPARTMENT OF SAFETY' below it. In the center, 'EMERGENCY ALERT SYSTEM STATION' is written in yellow. Below that, 'WOKQ 97.5 FM' is written in large white letters. At the bottom, it says 'If you have questions during an emergency, call 2-1-1' in white.

What to do during an evacuation

If an evacuation is necessary, public safety officials will tell you over the emergency alert system radio station what to do. **DO NOT** evacuate unless directed to do so by public safety officials.

- » Only take what you will need, including:
 - ☐ extra clothing
 - ☐ toiletries
 - ☐ blankets
 - ☐ pillows
 - ☐ towels
 - ☐ prescription medications and medical supplies
 - ☐ checkbook, credit card, cash
 - ☐ baby supplies
 - ☐ special dietary foods
 - ☐ driver's license or identification
- » **Take your pets with you.** Reception centers do not accept animals other than service animals. Plan in advance what you will do with your pets should you have to evacuate.
- » **DO NOT** try to pick up children at their schools. The school will transport your child to the community's reception center where you can be reunited.
- » **DO NOT** call your local fire or police departments for information. Emergency workers will need their telephone lines for emergency use. If you need special help, call your local Emergency Management Office.
- » Stay tuned to your Emergency Alert System radio station WOKQ 97.5 FM.

How to shelter in place

- » Stay inside. Keep all children and pets inside.
- » Close all doors and windows and turn off all sources of outside air.
- » Monitor the emergency alert station **WOKQ 97.5 FM**.
- » If sheltering in place is recommended during school hours, children will be sheltered at the school and cared for by school personnel.

Children in school or child care

During emergencies, most schools in the emergency planning zone will release students early. If your community is instructed to evacuate before you have been able to pick up your child, the school will transport your child to the community's reception center where you can be reunited.

Plan for your pets now

If you go, they go. Do not leave your pets behind. It is possible that only service animals will be allowed inside the reception center. Take the time now to locate a facility outside of the emergency planning zone that will accept your pet if you need to evacuate.

Prepare an emergency kit for your pet: collar, leash, 3-day supply of food, bowls, litter box, current photo, and a one-week supply of necessary medications. Proof of current rabies vaccination is required for admission into any shelter. Use a pet carrier for each pet to make transport easier.

Farmers

A fact sheet is available for farmers, food processors and food distributors located within 50 miles of the Seabrook Station Nuclear Power Plant.

Go to: ReadyNH.gov/rep or call the New Hampshire Department of Agriculture, Markets, and Food at 603-271-3551.

Reception Centers

Reception centers are opened to monitor evacuees for radiological contamination. After checking in at the reception center, short-term housing and food is available at mass care shelters.

Community:	Reception Center location:
Brentwood	Memorial High School 1 Crusader Way (via S. Porter St.) Manchester
East Kingston	
Exeter	
Hampton Beach	
Kensington	
Kingston	
Newfields	
Newton	
Seabrook	
South Hampton	
Stratham	
Greenland	Dover Middle School 16 Daley Dr. (off NH RT 108) Dover
Hampton	
Hampton Falls	
New Castle	
North Hampton	
Rye	
Portsmouth	Rochester Middle School 47 Brock St. Rochester

Plan ahead

To save time and avoid confusion during an emergency, there are a few pieces of information that will help you and your family be prepared.

My emergency reception center is located at: _____

My best evacuation route is: _____

I can pick my children up from their reception center at: _____

My plan for my pets: _____

My local emergency management office phone number is: _____

NextEra Energy Resources 2022



Evacuation routes

Brentwood

- » North Rd. West to Rte. 125 North to Rte. 101 West to Manchester.
- » Or, South Rd. or Rte. 111A West to Rte. 107 North to Rte. 101 West to Manchester.

East Kingston

- » Rte.107 North to Rte.125 South to Rte. 111 West to I-93 North to I-293 North to Exit 1/South Willow St. (Rte. 28) in Manchester

Exeter

- » North: Rte. 108 North (Portsmouth Ave.) to Rte. 152 West to US Rte. 4 West to I-393 to I-93 South to I-293 South to Exit 1/South Willow St. (Rte. 28) in Manchester.
- » Or, Rte. 85 North (Newfields Rd.) to Rte. 87 West to Rte. 125 North to Rte. 152 West. Then US Rte. 4 West to I-393 to I-93 South to I-293 South to Exit 1/ South Willow St. (Rte. 28) in Manchester.
- » South: Rte. 111 West to I-93 North to I-293 North to Exit 1/South Willow St. (Rte. 28) in Manchester.
- » Or, Rte. 108 South to Rte. 107 North to Rte. 111 West to I-93 North to I-293 North to Exit 1/South Willow St. (Rte. 28) in Manchester.
- » West: Rte. 111A West to Rte. 107 North to Rte. 101 West to Manchester.

Greenland

- » Rte. 33 East to I-95 North. Exit I-95 at Spaulding Tpk. (Rte. 16) North to Rte. 108 South (Exit 7) in Dover.

Hampton

- » Hampton Beach (residents) and North Beach: Rte. 1A North to Rte. 27 West to Rte. 101 West to I-95 North. Exit I-95 at Spaulding Tpk. (Rte. 16) North or stay on I-95 to Maine.
- » Hampton Beach (residents) and North Beach: If using Spaulding Tpk. (Rte. 16), take Tpk. North to Rte. 108 South (Exit 7) in Dover.
- » If staying on I-95, go to Maine Rte. 236 North to Rte. 9 West to West High St. (right at light/sign for Rochester) to Rte. 108 South to Dover.
- » Or, Rte. 1A North to Rte. 111 West, across US Rte. 1, to Rte. 151 North to Rte. 33 East to I-95 North. Exit I-95 at Spaulding Tpk. (Rte. 16) North or stay on I-95 to Maine.
- » If using Spaulding Tpk. (Rte. 16), take Tpk. North to Rte. 108 South (Exit 7) in Dover.
- » If staying on I-95, go to Maine Rte. 236 North to Rte. 9 West to West High St. (right at light/sign for Rochester) to Rte. 108 South to Dover.

Hampton Beach (visitors only):

- » Rte. 1A North (Ocean Blvd.), left on Highland Ave., to Rte. 101 West to Manchester.
- » Or , Rte. 1A North to Rte. 27 West to I-95 North to US Rte. 4 West to I-393 to I-93 South to I-293 South to Exit 1/South Willow St. (Rte. 28) in Manchester.
- » Or, Rte. 1A North to Rte. 111 West to Rte. 151 North to Rte. 33 East to I-95 North. Then Rte. 4 West to I-393 to I-93 South to I-293 South to Exit 1/South Willow St. (Rte. 28) in Manchester.
- » Or, Rte. 1A North to South Rd. West to West Rd. Go north on West Rd. to Washington Rd. West to US Rte. 1 North to Rte. 1 Bypass to Portsmouth traffic circle to US Rte. 4 West. Then I-393 to I-93 South to I-293 South to Exit 1/South Willow St. (Rte. 28) in Manchester.
- » Or , Rte. 1A North to Washington Rd. to Lang Rd. North to US Rte. 1 North to Rte. 1 Bypass to Portsmouth traffic circle to US Rte. 4 West. Then I-393 to I-93 South to I-293 South to Exit 1/South Willow St. (Rte.28) in Manchester.

Inland Hampton:

- » East of I-95: Rte. 27 West to Rte. 101 West to I-95 North. Exit I-95 at Spaulding Tpk. (Rte. 16) North or stay on I-95 to Maine.
- » If using Spaulding Tpk. (Rte. 16), take Tpk. North to Rte. 108 South (Exit 7) in Dover.
- » If staying on I-95, go to Maine Rte. 236 North to Rte. 9 West to West High St. (right at light/sign for Rochester) to Rte. 108 South to Dover.
- » Or, US Rte. 1 North to Rte. 1 Bypass to Portsmouth traffic circle to Spaulding Tpk. (Rte. 16), take Tpk. North to Rte. 108 South (Exit 7) in Dover.
- » Or, US Rte. 1 North to Breakfast Hill Rd. West to Rte. 151 North to Rte. 33 East to I-95 North. Exit I-95 at Spaulding Tpk. (Rte. 16) North or stay on I-95 to Maine.
- » If using Spaulding Tpk. (Rte. 16), take Tpk. North to Rte. 108 South (Exit 7) in Dover.
- » If staying on I-95, go to Maine Rte. 236 North to Rte. 9 West to West High St. (right at light/sign for Rochester) to Rte. 108 South to Dover.
- » West of I-95: Rte. 27 West to Rte. 108 North (Portsmouth Ave.) to Dover.

Hampton Falls

- » Rte. 84 West to Rte. 150 North to Rte. 108 North through Exeter (right on High St., left on Portsmouth Ave.) to Dover.
- » Or, Rte. 88 West via Holland Way to Route 108 North (Portsmouth Ave.) to Dover.

Evacuation routes continued >>

Evacuation routes

Kensington

- » North: Rte. 150 North to Rte. 108 South to Rte. 107 North to Rte. 111 West to I-93 North to I-293 North to Exit 1/South Willow St. (Rte. 28) in Manchester.
- » South: Rte. 107 North to Rte. 111 West to I-93 North to I-293 North to Exit 1/South Willow St. (Rte. 28) in Manchester.

Kingston

- » Rte. 111 West to I-93 North to I-293 North to Exit 1/ South Willow St. (Rte. 28) in Manchester.

New Castle

- » Take Rte. 1B east to Portsmouth. Turn RIGHT on Marcy St. Turn LEFT on Pleasant St. Turn LEFT on Congress St. Turn RIGHT on Maplewood Ave. Turn LEFT on Cutts St. Turn RIGHT onto ramp for Route 1-Bypass (South/West). At the traffic circle, take the FIRST exit (SR 16, Spaulding Tpk.). Exit Spaulding Tpk. at Exit 7 (Route 108 South), Dover.

Newfields

- » Rte. 87 West to Rte. 125 North to Rte. 152 West to US Rte. 4 West to I-393 to I-93 South to I-293 South to Exit 1/South Willow St. (Rte. 28) in Manchester.

Newton

- » Rte. 108 South to Rte. 110 East to I-495 South. Then Rte. 213 West to I-93 North to I-293 North to Exit 1/South Willow St. (Rte. 28) in Manchester.

North Hampton

- » East of US Rte. 1: Rte. 111 West (Atlantic Ave.), across US Rte. 1 to Rte. 151 North to Rte. 33 East to I-95 North to Spaulding Tpk. (Rte. 16) North to Rte. 108 South (Exit 7) in Dover.
- » Or, Mill Rd. North to Washington Rd. West to US Rte. 1 North. Then Rte. 1 Bypass to Portsmouth traffic circle to Spaulding Tpk. (Rte. 16) North to Rte. 108 South (Exit 7) in Dover.
- » West of US Rte. 1: Rte. 151 North to Rte. 33 East to I-95 North to Spaulding Tpk. (Rte. 16) North to Rte. 108 South (Exit 7) in Dover.

Portsmouth

- » South: US Rte. 1 North to Rte. 1 Bypass to Portsmouth traffic circle to Spaulding Tpk. (Rte. 16) North to Rochester (Exit 12) to Rte. 125 North to Brock St. (left turn at first traffic light).
- » East: Take Middle Street (US 1) South. Turn RIGHT on Greenleaf Ave. Turn RIGHT on Route 1- Bypass. At the traffic circle, take the SECOND exit Spaulding Tpk. (Rt. 16). Exit Spaulding Tpk. at Exit 12 (Route 125 North) to Brock Street (left at first light).
- » West: Woodbury Ave. North. Left at shopping mall light to stay on Woodbury, to Spaulding Tpk. (Rte. 16) North to Rochester (Exit 12) to Rte. 125 North to Brock St. (left turn at first traffic light).

Rye

- » North of Rye Harbor State Park: Rte. 1A North (Sagamore Rd. in Portsmouth to Miller Ave.) to Middle St. (US Rte. 1 North), which becomes Maplewood Ave., to Woodbury Ave. North. Left at shopping mall light to stay on Woodbury, to Spaulding Tpk. (Rte. 16) North to Rte. 108 South (Exit 7) in Dover.
- » South of Park: Grove Rd. West to Washington Rd. West (left at fork) to US Rte. 1 North to Rte. 1 Bypass to Portsmouth traffic circle to Spaulding Tpk. (Rte. 16) North to Rte. 108 South (Exit 7) in Dover.

Seabrook

- » Beach: Rte. 286 West to Forest St. to I-95 South to I-495 South. Then Rte. 213 West to I-93 North to I-293 North to Exit 1/South Willow St. (Rte. 28) in Manchester.
- » Inland: Rte. 107 (New Zealand Rd.) to I-95 South to I-495 South. Then Rte. 213 West to I-93 North to I-293 North to Exit 1/South Willow St. (Rte. 28) in Manchester.

South Hampton

- » Hilldale Ave. West or Rte. 107A North, to Rte. 108 South to Rte. 110 East to I-495 South. Then Rte. 213 West to I-93 North to I-293 North to Exit 1/South Willow St. (Rte. 28) in Manchester.

Stratham

- » Rte. 108 North to US Rte. 4 West to I-393 to I-93 South to I-293 South to Exit 1/South Willow St. (Rte. 28) in Manchester.
- » Or, Rte. 108 North to Rte. 152 West to US Rte. 4 West to I-393 to I-93 South to I-293 South to Exit 1/ South Willow St. (Rte. 28) in Manchester.



EMERGENCY ALERT SYSTEM STATION

WOKQ 97.5 FM

If you have questions
during an emergency, call

2-1-1

Evacuation checklist:

If your area is instructed to evacuate, calmly and carefully pack necessities for up to one week. You can use the following checklist to prepare.

Things to do:

- » Listen to local radio or television stations. Emergency officials will provide information and instructions.
- » Follow evacuation directions.
- » Secure your residence. Lock doors and windows.
- » Pet owners are reminded that pets require special consideration. Make arrangements for your pets to be housed outside of the emergency planning zone. Reception centers do not have places for pets. All service animals will be received.

- » If you are not within the declared evacuation area, you should not evacuate. Continue to monitor the event and follow the instructions from local authorities. Evacuating when not required has the potential to increase the risk to your family and others by impeding the outbound traffic flow and slowing the evacuation from the affected area.
- » If you require evacuation assistance, make arrangements now by contacting your local emergency management agency.



**HOMELAND SECURITY
EMERGENCY MANAGEMENT**
NEW HAMPSHIRE DEPARTMENT OF SAFETY

**EMERGENCY ALERT
SYSTEM STATION**

WOKQ 97.5 FM

If you have questions
during an emergency,
call 2-1-1

Things to pack:

Medical items

- » Prescriptions
- » Eye glasses or contacts
- » Dentures
- » Special diet foods
- » Medical equipment
- » _____
- » _____
- » _____
- » _____
- » _____
- » _____

Baby supplies

- » Baby food and formula
- » Diapers and wipes
- » Favorite toy and blanket
- » Bottled water
- » _____
- » _____
- » _____
- » _____
- » _____
- » _____

Extra clothing

- » Enough clothing for several days for each person
- » Shoes
- » Coats or jackets depending on the weather
- » _____
- » _____
- » _____
- » _____

Personal hygiene items

- » Toothbrush/toothpaste
- » Shaving items
- » Sanitary items
- » Special soaps/shampoo
- » _____
- » _____
- » _____
- » _____
- » _____

Money

- » Cash and credit cards
- » Checkbook

Identification and important papers

- » Driver's license
- » List of medications
- » Passport
- » _____
- » _____
- » _____
- » _____
- » _____

Bedding

- » Two blankets or a sleeping bag for each person
- » Pillows
- » Towels

Miscellaneous

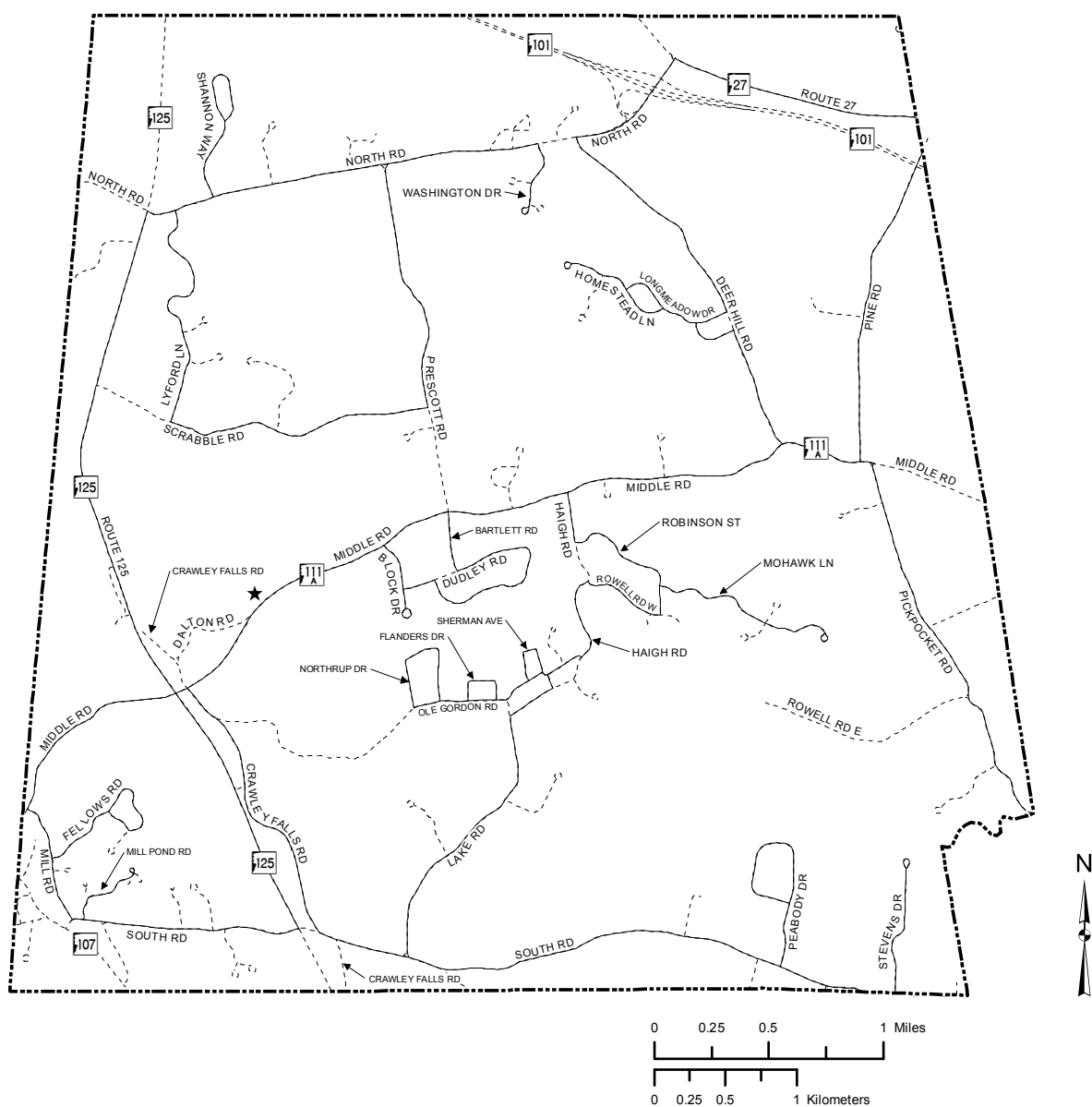
- » Portable radio with spare batteries
- » Flashlight with spare batteries
- » Cell phone charger
- » Extra car keys
- » _____
- » _____
- » _____

We hope you find this guide helpful. Please keep in mind it is not intended to be all-inclusive. You can find additional resources at www.ReadyNH.gov/rep.

Brentwood Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Manchester.

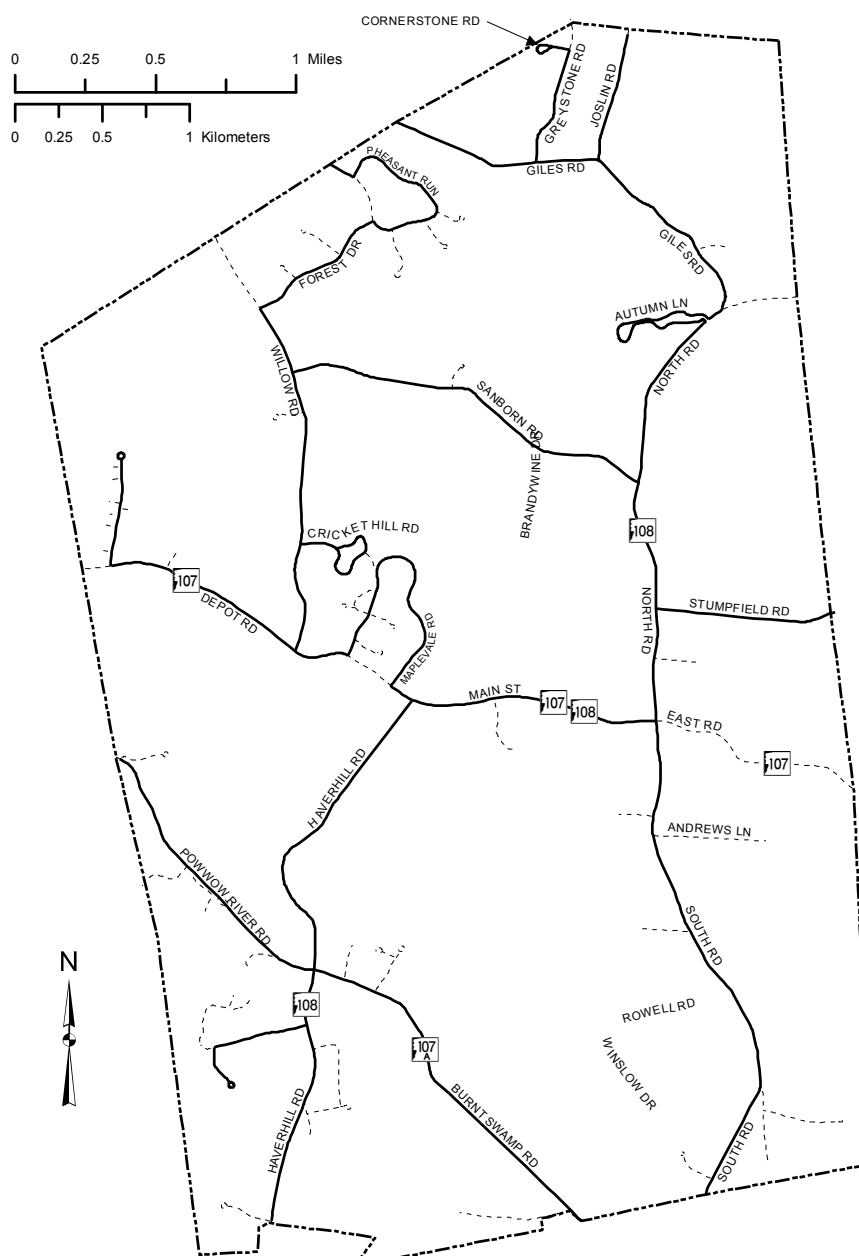
BRENTWOOD



East Kingston Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Manchester.

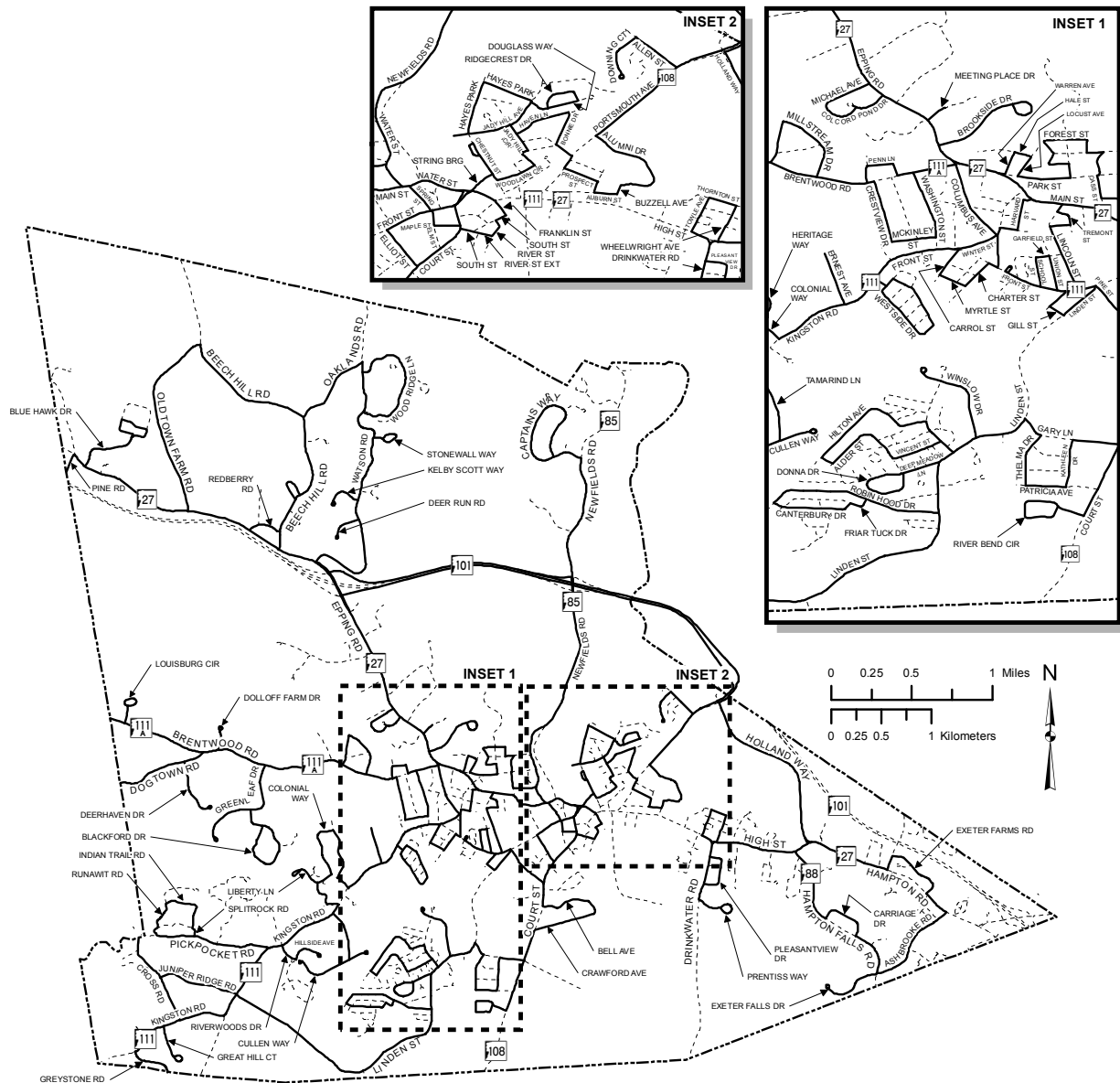
EAST KINGSTON



Exeter Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Manchester.

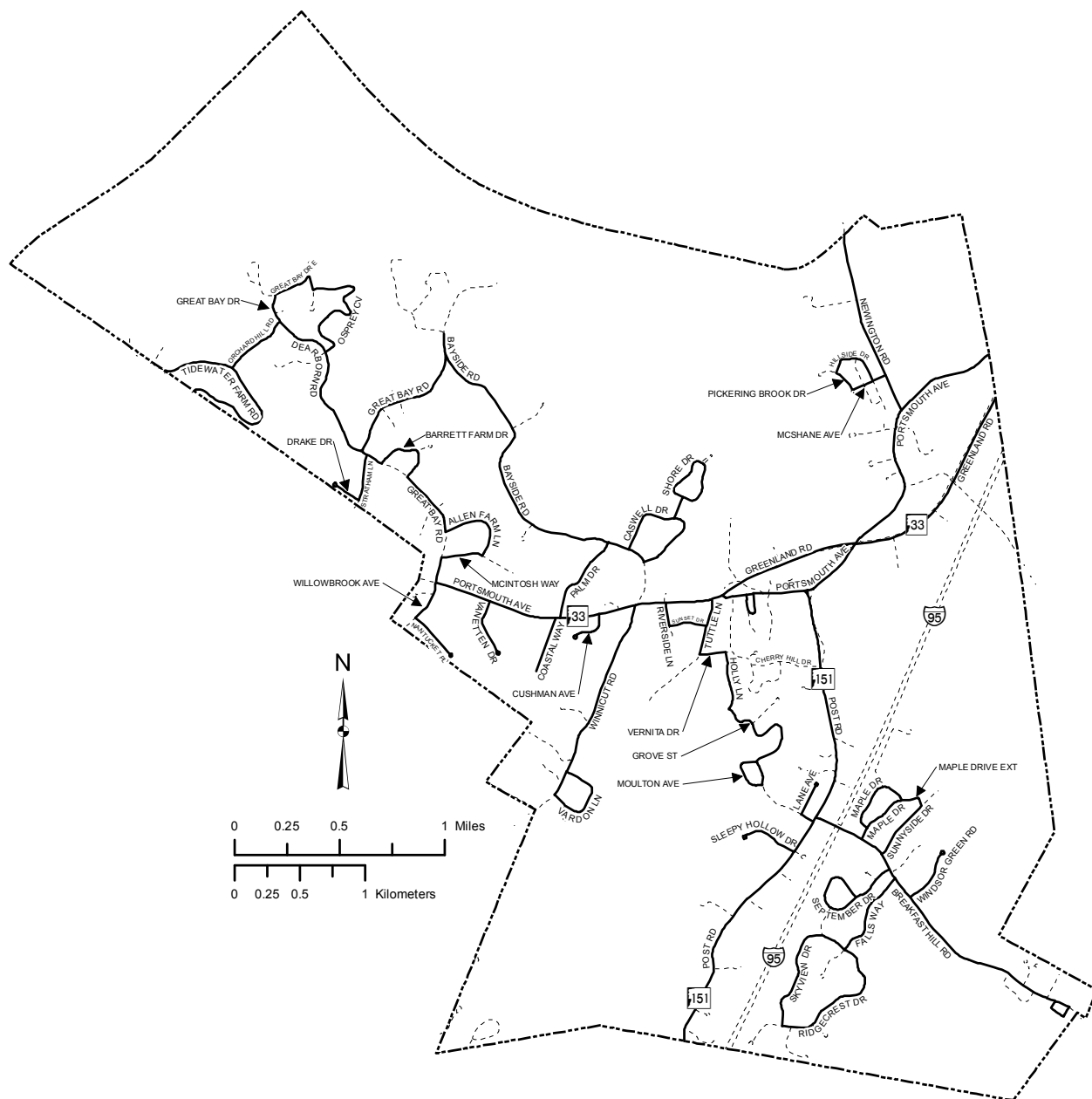
EXETER



Greenland Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Dover

GREENLAND



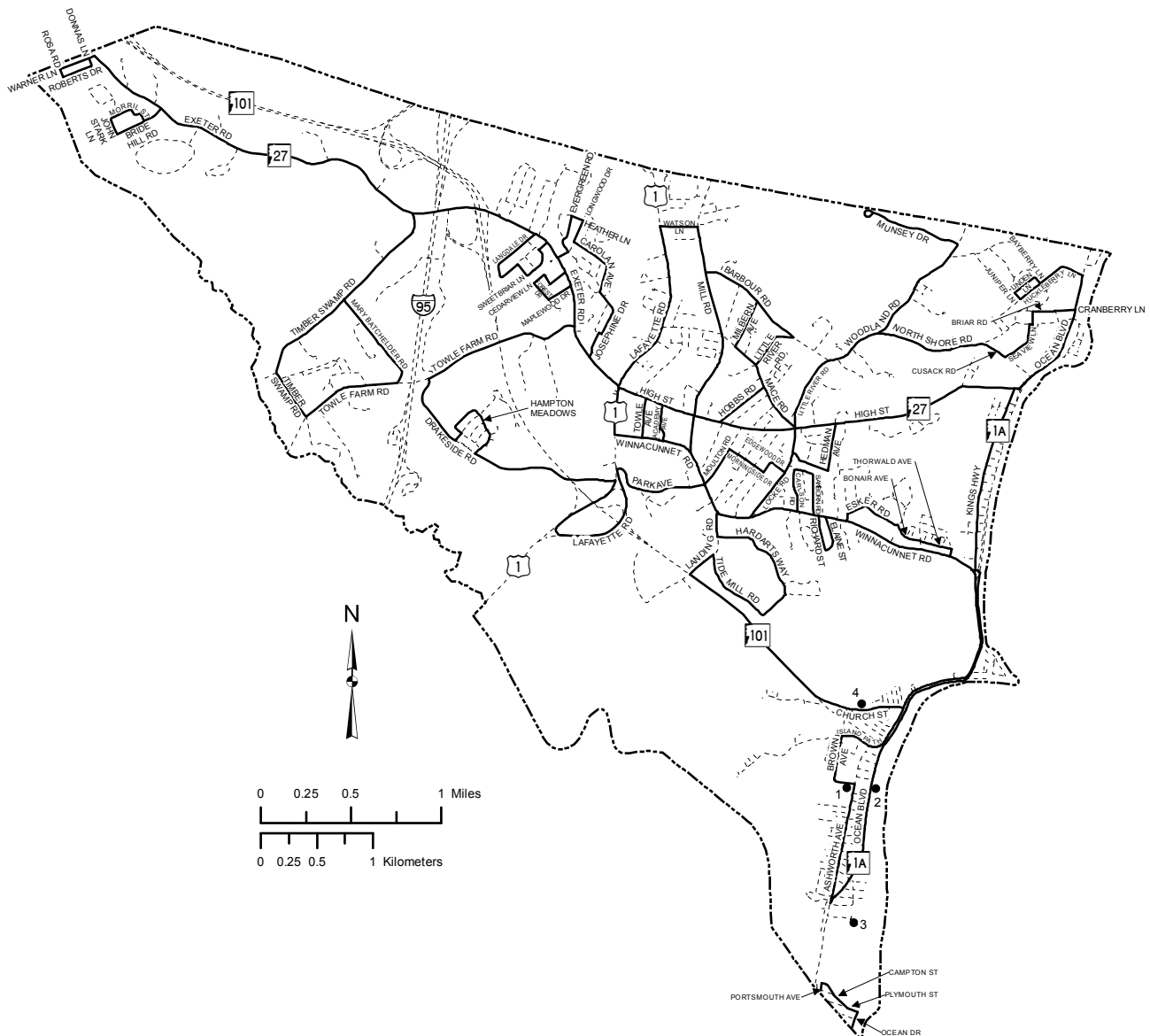
Hampton Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Dover. (Hampton Beach visitors to Manchester reception center)

Pick-up locations for Hampton Beach visitors who do not have their own transportation are:

- » **Hampton Beach Police Station**, 100 Brown Ave.
- » **State Beach Office** (across from casino), *Ocean Blvd.*
- » **State Park Facility**, *at picnic area and campground.*
- » **St. Patrick Church**, 40 Church St.

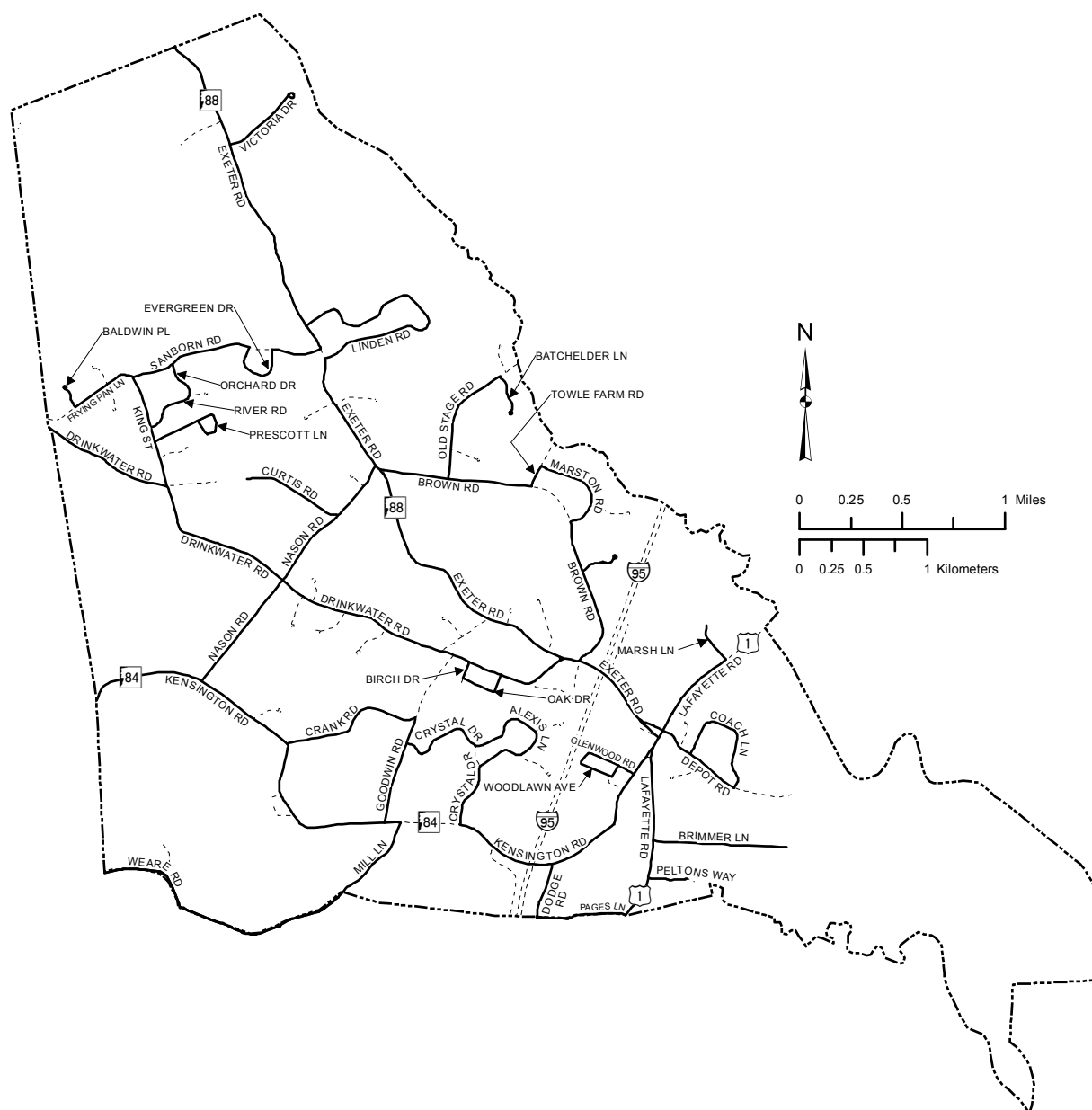
HAMPTON



Hampton Falls Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Dover.

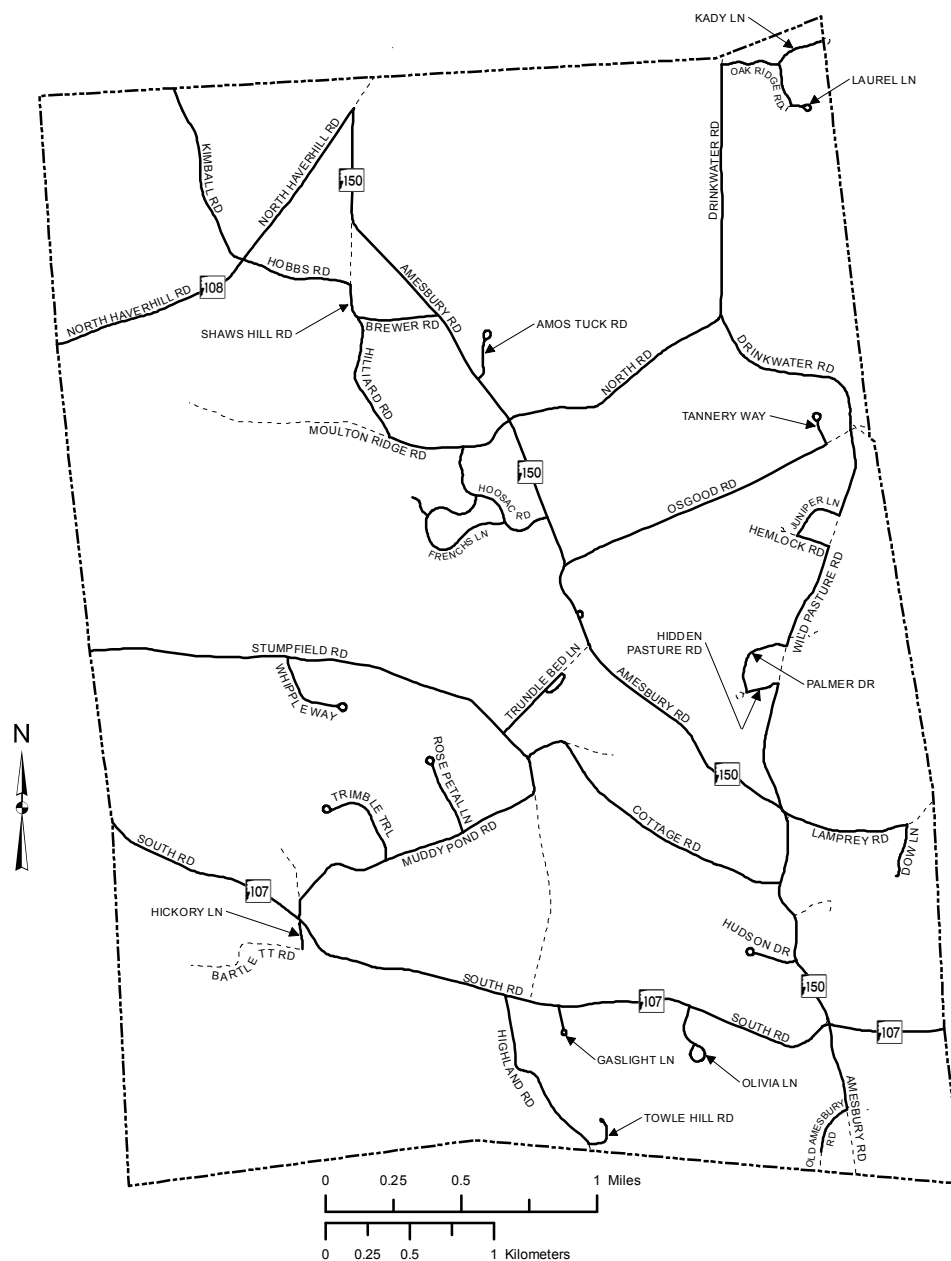
HAMPTON FALLS



Kensington Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Manchester.

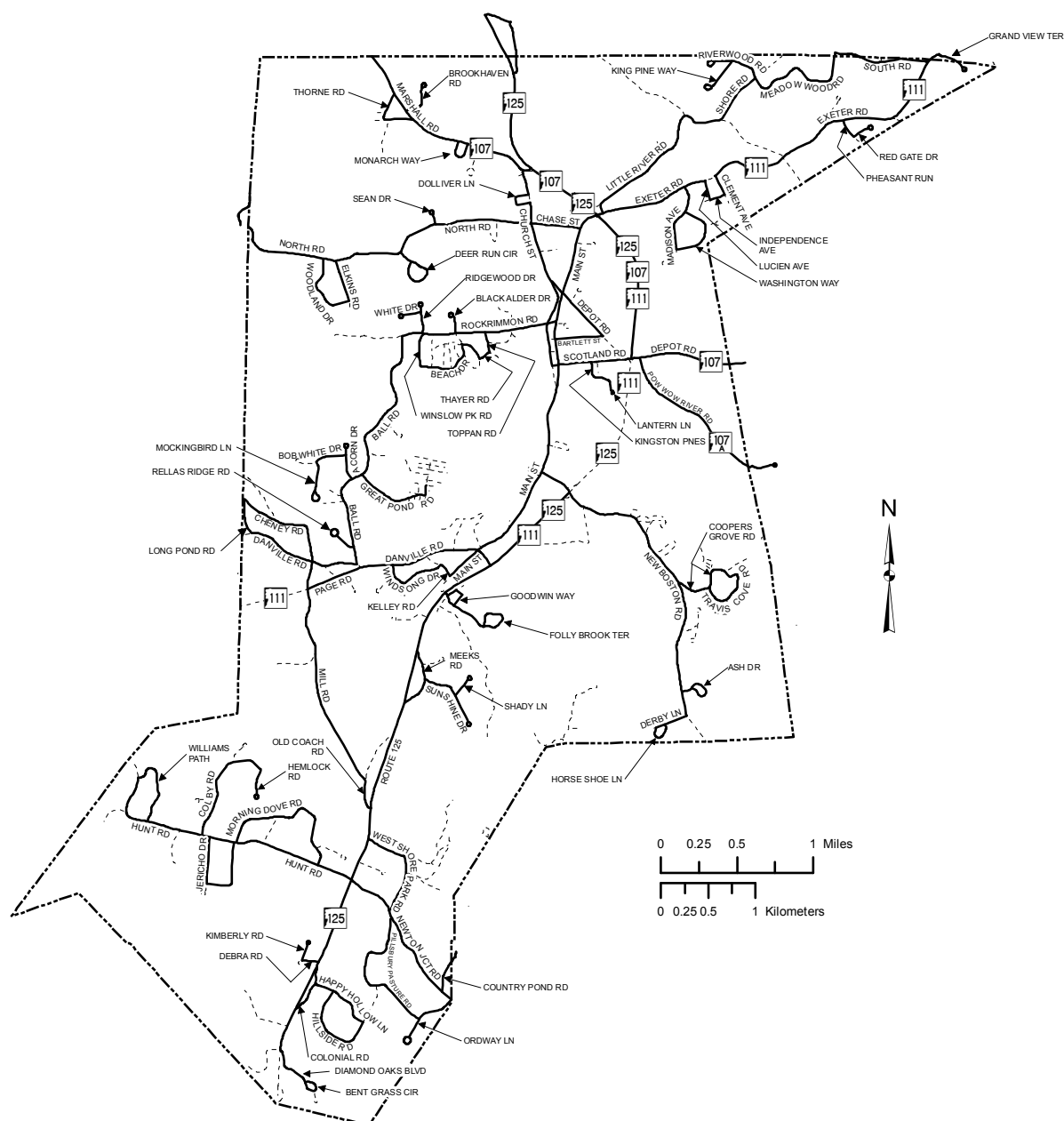
KENSINGTON



Kingston Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Manchester.

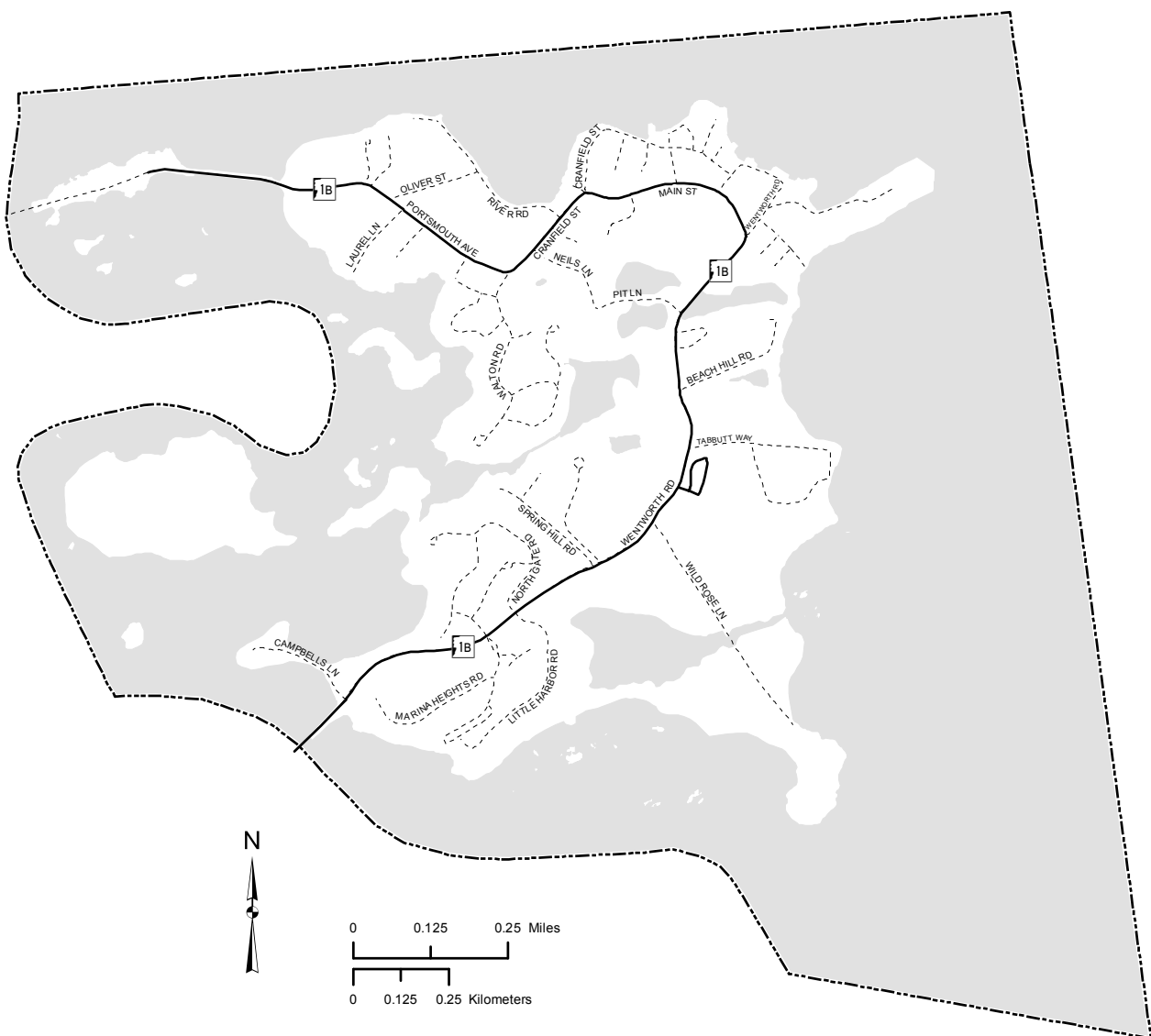
KINGSTON



New Castle Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Dover.

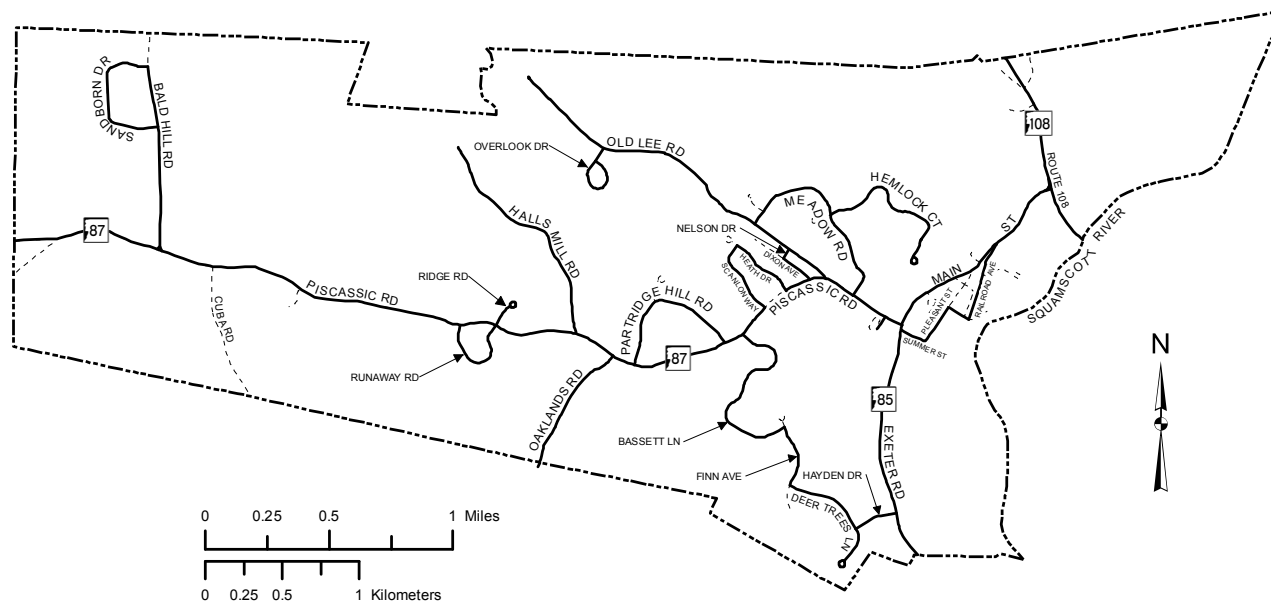
NEW CASTLE



Newfields Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Manchester.

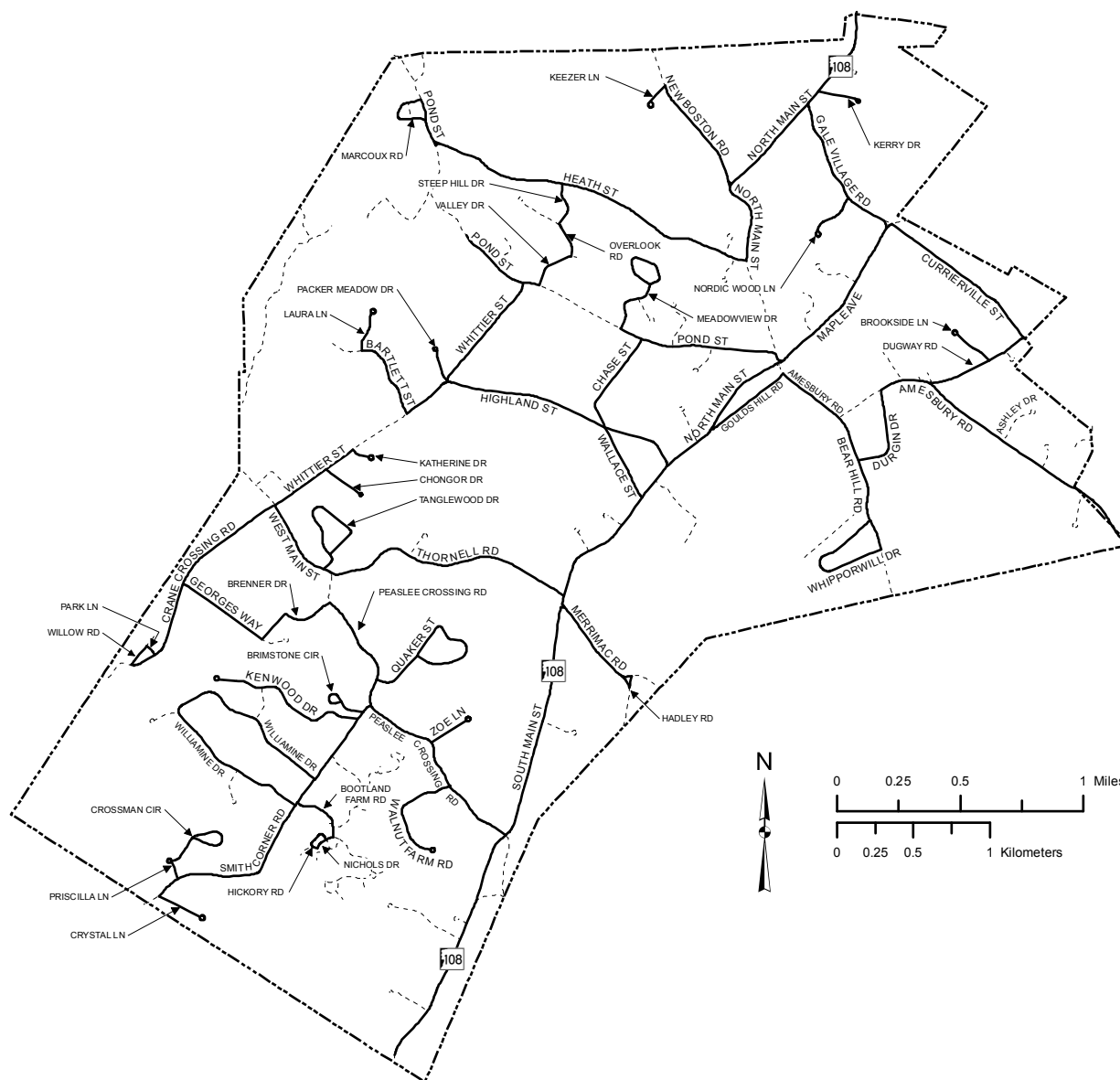
NEWFIELDS



Newton Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Manchester.

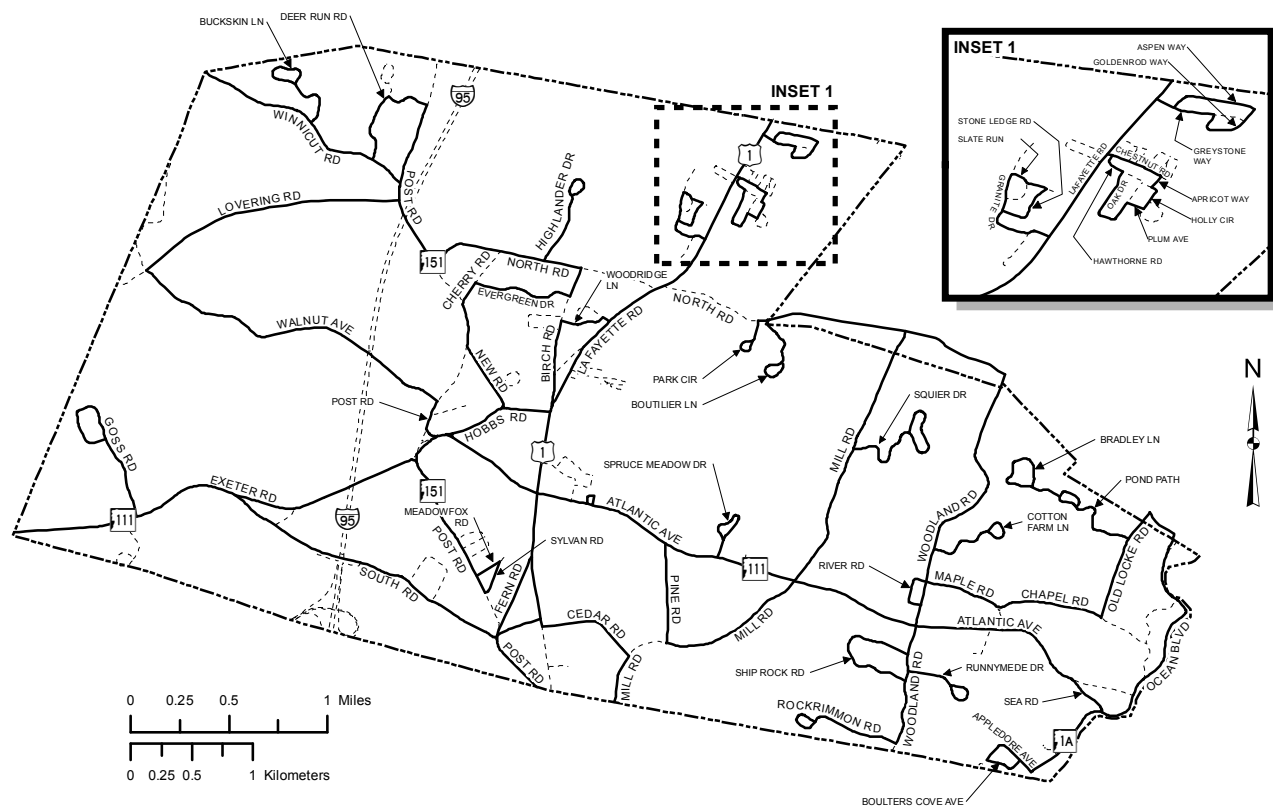
NEWTON



North Hampton Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Dover.

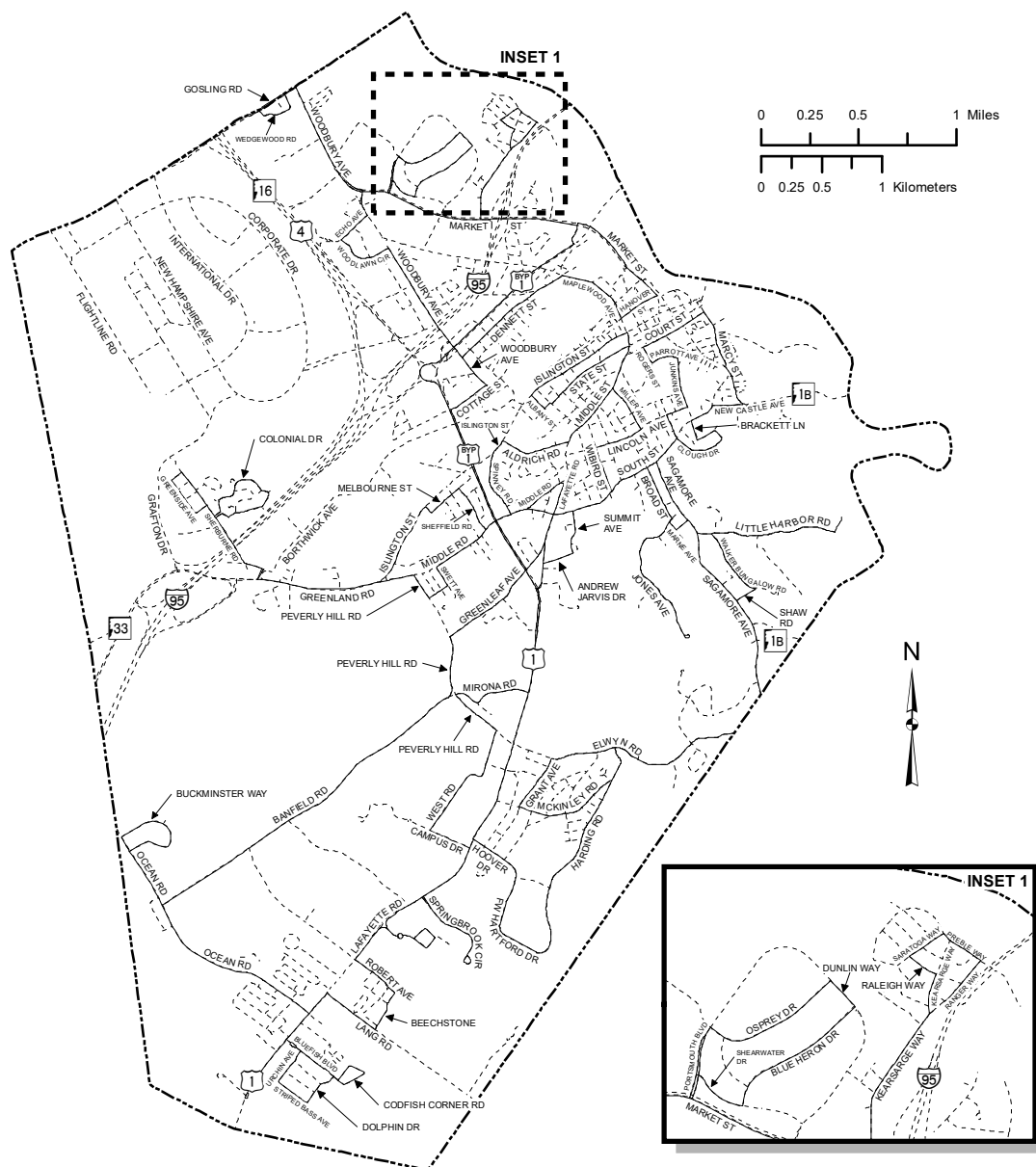
NORTH HAMPTON



Portsmouth Emergency Bus Evacuation Information

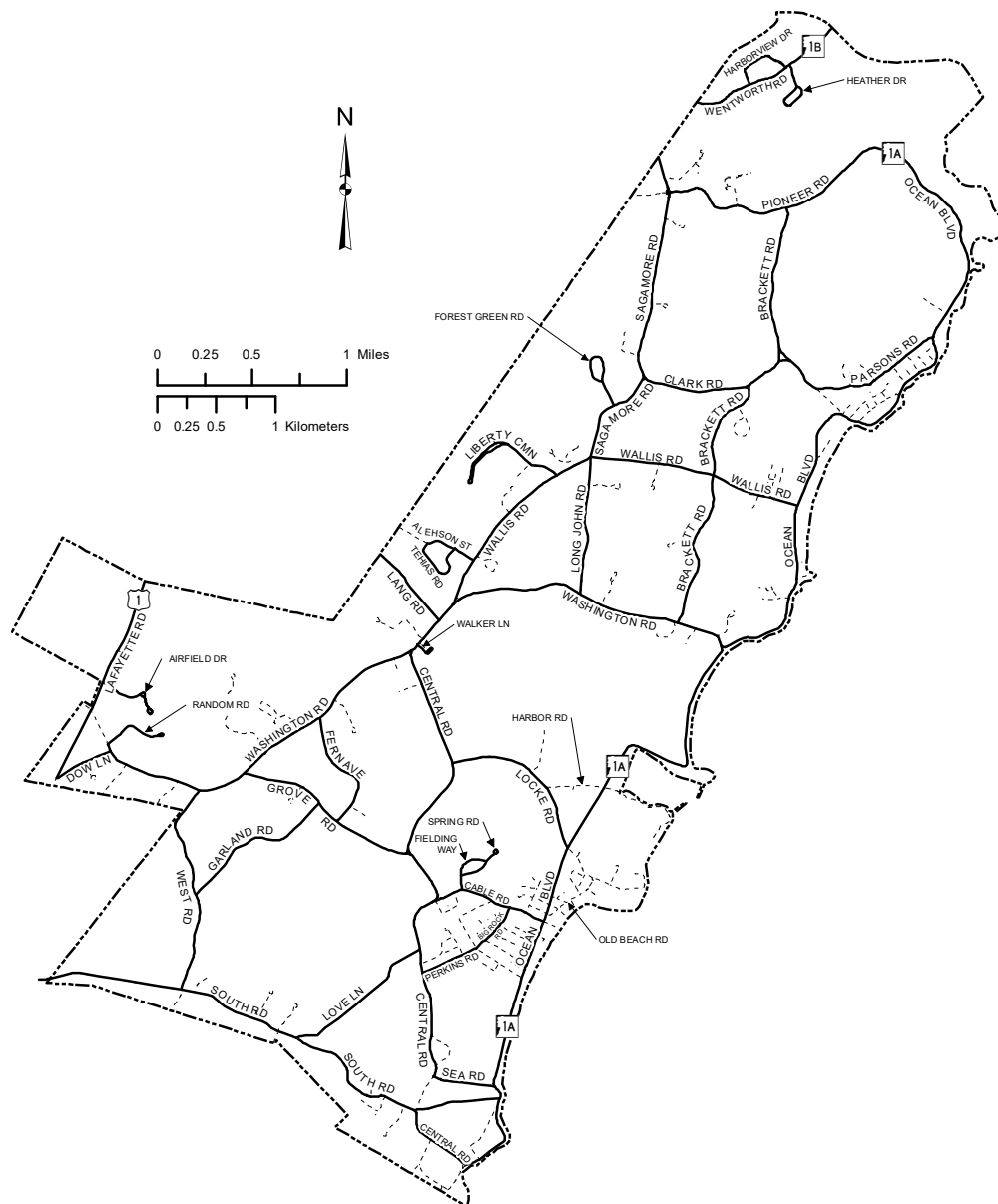
- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Rochester.

PORTSMOUTH



Rye Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Dover.

RYE

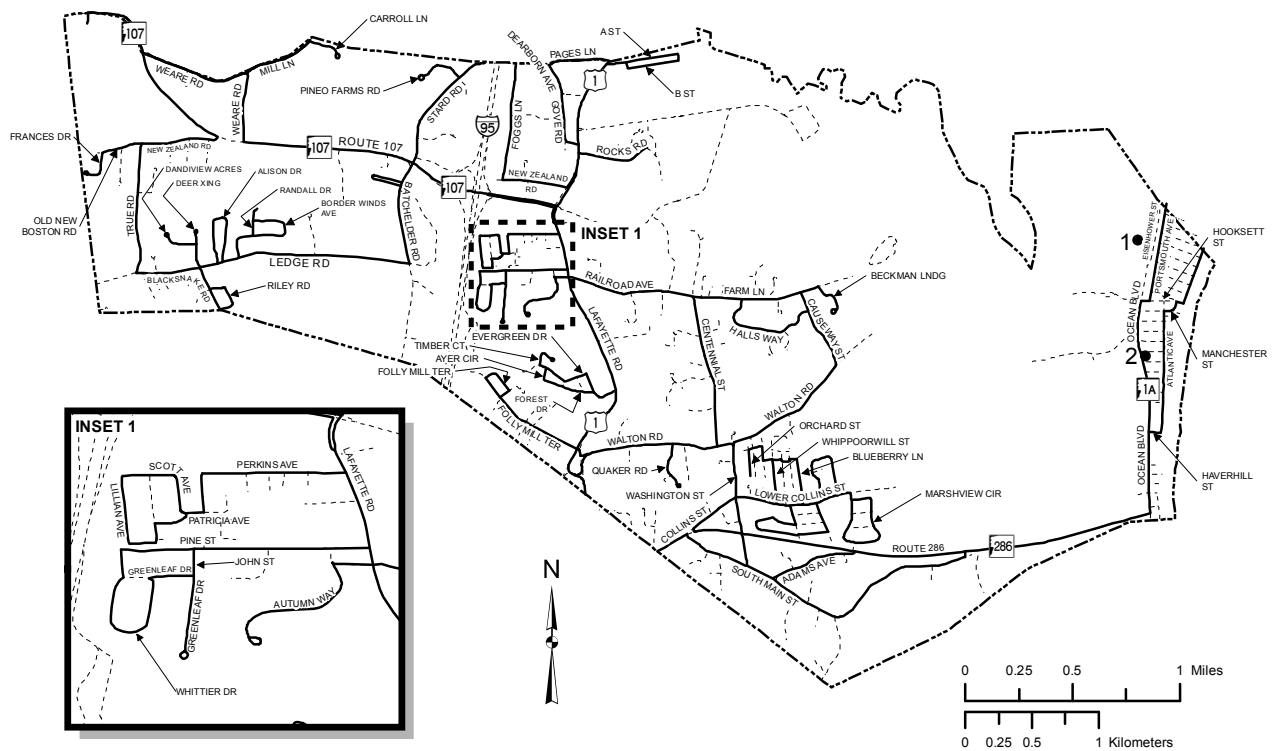
Seabrook Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Manchester.

Pick-up locations for Seabrook Beach visitors who do not have their own transportation are:

- » **Yankee Fishermans COOP**, 750 Ocean Blvd.
- » **St. Elizabeth Church**, 1 Chelmsford St. at Route 1A

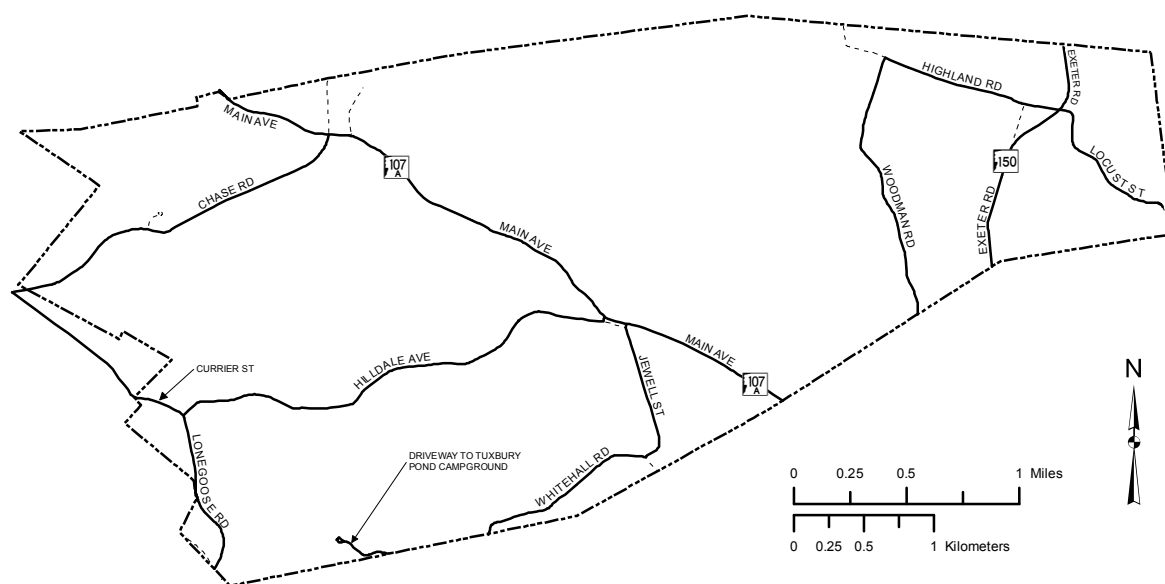
SEABROOK



South Hampton Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Manchester.

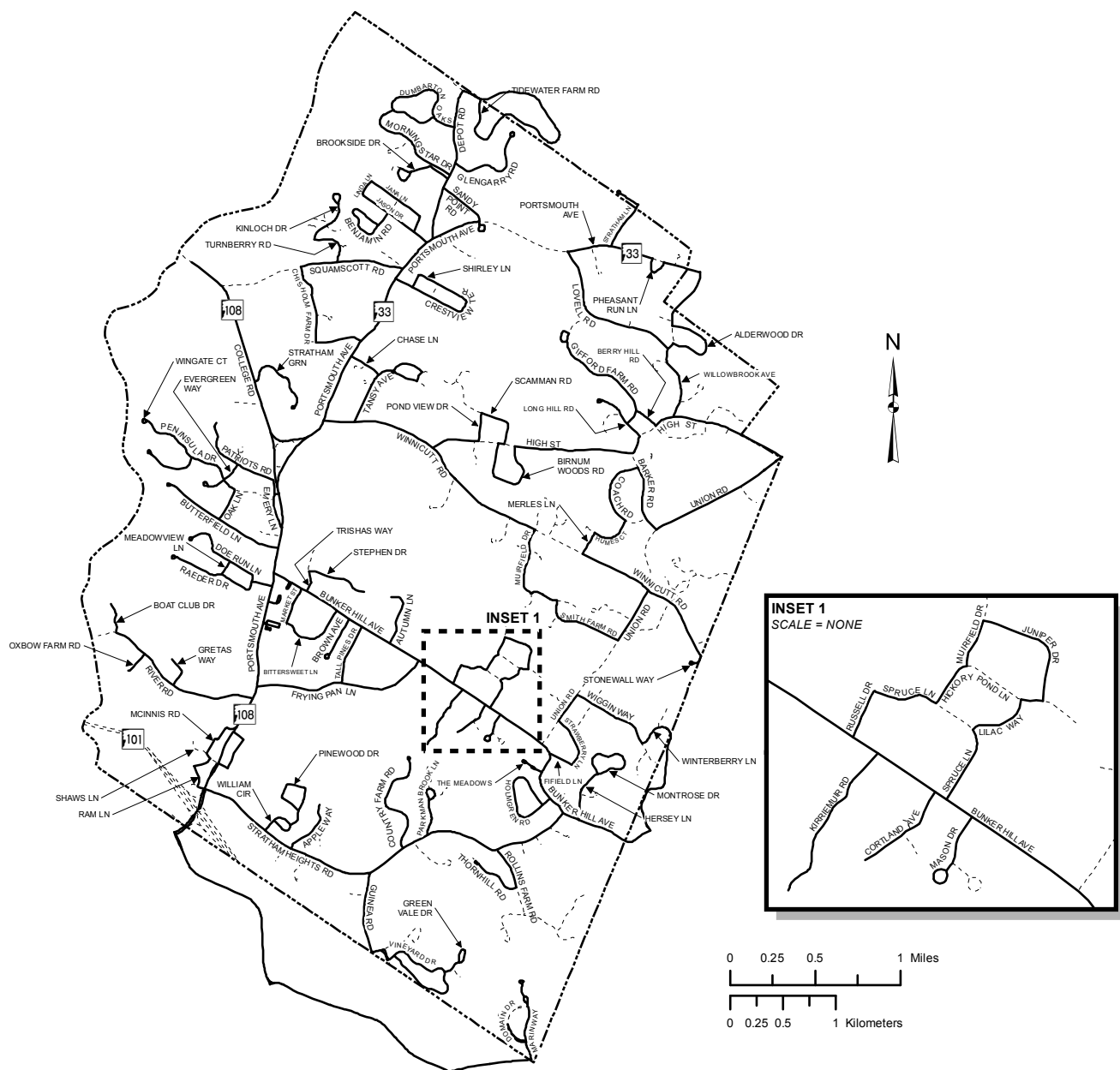
SOUTH HAMPTON



Stratham Emergency Bus Evacuation Information

- » To get a ride in an emergency, walk to one of the routes shown as a solid line.
- » Buses will pick up riders anywhere along these routes. If a bus is full, another will come along.
- » Buses will take riders to the reception center in Manchester.

STRATHAM

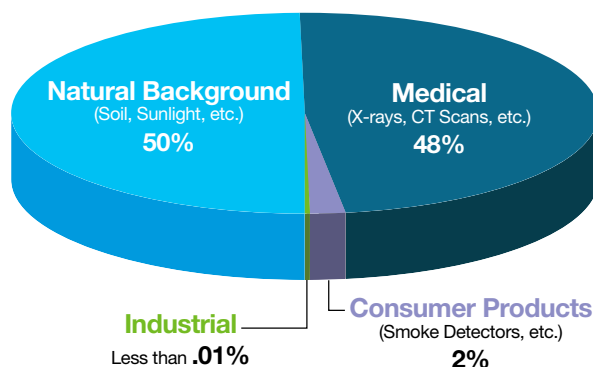


Understanding radiation and potassium iodide

Radiation is not new or mysterious – it is a natural part of our environment. Radiation is energy that is given off as a particle or wave and radioactive elements are naturally occurring in small amounts throughout our environment. In the United States, natural sources account for most of the radiation we are exposed to each year. Radiation also comes from medical tests such as X-rays, CT scans and nuclear medicine studies. Less than 1% of the radiation to which people are exposed comes from nuclear power plants.

Exposure to large amounts of radiation can be harmful to human health. The State of New Hampshire has made potassium iodide, also known as KI, available to people who live or work in the emergency planning zone at no charge. In the unlikely event of a radiological emergency, the state may recommend individuals take KI. Go to **ReadyNH.gov/rep** to complete the potassium iodide application form.

Average Annual Radiation Exposure



Source: National Council on Radiation Protection and Measurements Report 160 (2009)

Emergency assistance card

This information will be kept confidential - for state and local official use only.

Do you require assistance in an emergency?

It is important that you make any access and functional needs known before hand. If you have a need that may cause you to require additional assistance in an emergency, please fill out and return this card as soon as possible. Also, if you know someone in your area that may

require additional assistance in an emergency, please urge them to complete and return this card.

Even if you sent in an Access and Functional Needs Card in the past, **a new card should be sent in each year.**

Complete online at www.ReadyNH.gov/rep.

Please cut along dotted line and mail to: **Division of Homeland Security & Emergency MGMT, NH Department of Safety, 33 Hazen Dr., Concord, NH 03305-9946**

I/this person will need assistance in an emergency:

Name _____

Address/City/Zip _____

Phone (Home) _____

Cell _____

E-mail _____

Relative/person we can notify to assist you in an emergency:

Name _____

Address/City/Zip _____

Phone (Home) _____

Cell _____

E-mail _____

Mark EACH box that applies to your need:

- | | |
|--|---|
| <input type="checkbox"/> Communication | <input type="checkbox"/> Transportation |
| <input type="checkbox"/> Medical | <input type="checkbox"/> Supervision |

Maintaining Independence:

- ☐ I use an aid or device (i.e. for mobility, communication)
☐ I receive Personal Assistance Services

Assistance needed:

- ☐ Transportation
Service Animal Species _____ Wt. of animal _____
☐ Wheelchair accessible transportation
☐ An ambulance
☐ Bus transportation
Individualized notification:
☐ TTY ☐ Video Phone
Number _____
☐ Evacuation assistance out of my home
☐ Sheltering in place assistance
☐ Other _____

NON-EMERGENCY PHONE NUMBERS:

New Hampshire Department of Safety,
Division of Homeland Security and Emergency Management:
800-852-3792

TDD/TTY: 800-735-2964

www.readynh.gov



**Sign up for emergency
alerts today.**

<https://public.coderedweb.com/cne/bf065f487535>

FOR STATION INFORMATION:

Seabrook Station Homepage: www.SeabrookStation.com

 @SeabrookNPP



ReadyNH.gov
TAKE ACTION. BE SAFE.

EMERGENCY ALERT SYSTEM STATION
WOKQ 97.5 FM

If you have questions during an emergency, call **2-1-1**

If you need help during an emergency, call 9-1-1

readynh.gov



@NH_HSEM



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